

## KDSC (Kirklees Disabled Sports Club) Autumn Newsletter 2022

### Holiday dates for your diary:

No KDSC session on 29 August (Bank holiday).

Christmas holidays - last session is on Monday 19 December 2022.

Start back on Monday 9 January 2023

### What is happening on Monday night at Huddersfield Leisure Centre?

On arrival don't forget to give your name to Robert in the cafe area. Board games plus dominoes are played from 7pm to 8pm.

Swimming is from 8.00pm until 9.00pm in the training pool. Don't forget to give your name to whoever is on the poolside, and at the end of your swim give the number of lengths you have swum. When we have a presentation evening certificates are given out showing how many lengths you have done.

Sarah is now Membership Secretary for swimming.

### Membership:

As I and Ashley have been to a few different meetings to promote our club, we have grown our membership quite considerably, which makes things look a lot better with a brighter outlook for all. If this increase continues we could possibly look at bringing back some of our old activities ie Table tennis ☺ Badminton ☺, 5-a-side football, Boccia etc which again would attract more members. Then we would need more helpers to supervise these activities. Things are looking good. (*Robert*)

### Donation:

This year we have a grant to help with the Club's finances. If you can afford it we would like you to donate £1 each week (or more if you like). If you find it difficult to pay the £1 come along anyway and don't worry about paying. (*Ashley*)

### Contact details:

If you change address or phone number it is essential that you inform Robert as soon as possible.

### Dominoes Competition:

The dominoes competition starts on 3 October until 12 December from 7pm – 8pm. This is your chance to win a solid silver plastic trophy!

### Flamingo Land trip 17 September 2022:

Lauryl Court are organising a day out to Flamingo Land going by coach pick up time 8.30pm departing at 4.00pm. The cost is £40 entry fee (carer goes free) plus coach cost. Contact Claire on 01484 540568 if you want to go.

### Pantomime 2022:

We are going on 17 December to see Jack and the Beanstalk at Lawrence Batley Theatre, with a meal before the pantomime. The cost is approximately £20 if you are having a meal and going to the pantomime or if you are just going to the pantomime we will give the cost later.

Meet at Huddersfield Library at 12noon if you are going for the meal or meet at 1.30pm at the Lawrence Batley Theatre if you are just going to the pantomime.

If you are interested in going contact Janet on [bjanet487@gmail.com](mailto:bjanet487@gmail.com)

### Annual Trip 2023:

Remember our very first trip? It was to Beamish in June 2002.

Peter Hazell is in the process of organising a trip to Lytham St Annes for 2023, details later.

## **21+ Club the social side of KDSC:**

I still would like to carry on planning outings but need more support from people to turn up on the day as it will upsetting to turn people away on the day as it leaves me and my brother vulnerable, as takes me quite some time to plan the outings so that we have a good day out. I know that they may seem like long days but we are restricted to times of buses and trains timetables and try to return the group by tea time no later than say between 5.30 pm and 6.30 pm and if do use trains that get our money worth out of our tickets . As for doing short trips it depends on like the rebuilding of Halifax bus station so that we do not have to walk between buses or having to travel to Huddersfield and set off again or if we sent some back part way would get home or not loses their tickets as happened on previous trips and have they got home safe. Things for short trips or more local depend on what things we want to look for like Dewsbury is not worth going to as the cafe in the bus station is closed and not many shops to look at anyway. Why can't people talk to me on Monday nights about where they want to go and want to do and look at days when all are available to go so that people plan to spend the days together as a social group and with friends? As we have not been over Wakefield way for some time or Pontefract area that will be the next trip no date as yet then Leeds and Wetherby and the Trafford centre for Christmas shopping or York and see if some of the new members would like to come too. (*Andrew*)

### **Bus Pass:**

You may not have been using the buses, so don't forget to check the expiry date.

### **Hearing aid repairs:**

Open Access Repair Clinics are closed for the foreseeable future. If you are finding it difficult to contact the audiology department ask for an appointment at Acre Mills using their email address [audiology.repairs@cht.nhs.uk](mailto:audiology.repairs@cht.nhs.uk).

They will generally get back to you in a day or two with an appointment date. (*Bert*)

### **Huddersfield Epilepsy Group:**

Good to report that the Huddersfield Epilepsy Group is now meeting regularly after a break of two years.

The meetings are on the second Tuesday of each month at the Huddersfield Mission, Lord Street, Huddersfield, from 7 pm to 9 pm. A very pleasant place to be and we are looked after by their friendly and caring staff, especially their Caretaker Paul.

In July we welcomed Ron who spoke on Interesting Objects. He explained he has inherited most of these items from his late Father-in-law.. Kitchen items, razors dating from 1815,were some of the items he brought. He has plenty more at home.

Safina Hussain, a dietitian, from the Bradford Hospital Trust, spoke on a very healthy diet. Sadly most of us eat the wrong types of food and have to do better!

In August 30 of us met at Greenhead Park's Conservatory Cafe for Drinks and snacks The food and company were excellent.

**On 6 September** Christopher Marsden will be speaking about the many interesting buildings in Huddersfield.

**On 4 October** the Paediatric Epilepsy nurse, Lin Mar, will be speaking about her work with children with epilepsy living in Kirklees and Halifax areas.

**1 November** is the date for the Annual Party. Numbers will be limited.

**6 December** will be the Annual Games Evening.

Please ask Sarah for more details or contact me. Joan Gorton telephone number 01484 427296

## **From our members:**

### **March trip to Rochdale:**

On Saturday 5 March the group (Moira, Sarah, Andrew & Graham) went to Rochdale.

We caught the 184 bus to Oldham then a tram to Rochdale. We had lunch at The Regal Mon. I took some photos in the pub and a picture of the plaque about Grace Fields visit to the shopping centre. (Sarah)



This plaque commemorates  
the visit of  
Miss Gracie Fields CBE  
to the  
Rochdale Shopping Centre  
on the  
15th September 1978

### **23 April trip to Harrogate:**

The trip involved going to Bradford to catch the X63 to Harrogate. Only Moira, Graham and Andrew went on the trip, they had a meal a Wetherspoons Winter Gardens. (Andrew)

### **7 May trip to York:**

We went to York with the group (Moira, Andrew, Graham, Sarah and Sophie). We caught the train to Leeds then we walked down to the bus station and caught the City ZAP Bus to York. Then we went on the M1, A1 and A64 to York, and then we had lunch at The Darker fish & chip shop. I took some photos where we had our lunch. After dinner we looked around the City and took some photos of the Minster and Clifford's tower. (Sarah)



### **Annual trip 2022:**

On 18 June we went to Scarborough with 37 members of the Club. I took photographs before we set off. We left Huddersfield at 9.32pm and went on the M62, M1, A1 and the A64 to Scarborough. Moira, Antony, Carol, Samantha, Michael, Chris, Bert and I went to have fish & Chips. The staff took photos of us sitting at the table. Then we looked around Scarborough and took some more photos of the town. (Sarah)



## Splash Park event 20 June:

We went into the Splash Park for an hour with a lot of new people who we hope might become regular members. The staff took some photos of us. At 8pm we went for the normal swim in the training pool until 9pm. (Sarah)



## 30 July trip to Skipton:

Due to bus and train strikes it was a difficult trip for Andrew to organise, this trip was poorly attended with only Moira, Graham and Andrew going. It involved going to Halifax then Keighley before getting a bus to Skipton and Andrew finding an alternative route back to Huddersfield. Andrew would like more people to come on the trips. (Bert)

## Lions Fun & Sports Day Doncaster:

On Saturday 6 August 40 members of the Club were on the coach and 6 others were travelling in their own transport. We went on the M62, A1M, A1 and the A637 to Doncaster. Although we did not enter a team for the football, Joseph (goalkeeper), Ryan and Olunwaseun did help to form an additional team who won the football trophy! The Lions took some of the pictures but I also took the trophy winners pictures. (Sarah & Bert)



If you want to comment, contact the editor, Bert Neary, by email at [icehouse40@btinternet.com](mailto:icehouse40@btinternet.com)