

KDSC (Kirklees Disabled Sports Club) Autumn Newsletter 2023

Holiday dates for your diary:

Christmas holidays - last session is on Monday 18 December 2023.

Start back on Monday 8 January 2024.

What is happening on Monday night at Huddersfield Leisure Centre?

On arrival don't forget to give your name to Robert in the cafe area. Board games plus dominoes are played from 7pm to 8pm.

Swimming is from 8.00pm until 9.00pm in the training pool. Don't forget to give your name to Sarah, Sam or Michelle if you are going swimming. At the end of your swim give the number of lengths you have swum to whoever is on the poolside. (*Sarah*)

Membership:

Since returning from the Lockdown it was disappointing that quite a few of our previous members didn't return to the club. So with myself taking my son Graham to Kirklees Involvement Network meetings and getting to know the organiser, she asked at one of the meetings if anyone was interested in joining a new venture called Kirklees Action Network, with doing so Ashley and myself have come to know people from different organisations so at these meetings we were able to promote our club. With doing so it has helped our membership grow quite considerably.

Also with inviting people from these organizations to a session in the Splash Park during Learning Disability Week which have been a great success it has also helped improve our membership.

As our membership grows steadily it would be even better good to encourage even more, including volunteers to make the club more viable so we could go back to the way things used to be playing various other sports/games. (*Robert (Hon Sec)*)

Splash Park:

We are hoping to have another session in the Splash Park before Christmas - details later.

Donation:

This year we have a grant to help with the Club's finances. If you can afford it we would like you to donate £1 each week (or more if you like), this will continue until December. If you find it difficult to pay the £1 come along anyway and don't worry about paying. (*Ashley*)

Dominoes Competition:

The dominoes competition starts on 2 October until 11 December from 7pm – 8pm. This is your chance to win a solid gold plastic trophy!

Pantomime 2023:

We are going on 16 December to see Cinderella at Lawrence Batley Theatre, with a meal before the pantomime. The cost is £22 if you are having a meal and going to the pantomime or if you are just going to the pantomime we will give the cost later.

Meet at Lynn's Cafe on Market Walk at 11.30am if you are going for the meal or meet at 1.30pm at the Lawrence Batley Theatre if you are just going to the pantomime.

If you are interested in going contact Janet on bjanet487@gmail.com

Annual Trip 2024:

Peter Hazell is in the process of organising a trip to Whitby for 29 June 2024, details later.

Dominoes competition 27 March – 12 June 2023

19 members took part in the summer dominoes competition. Those who won one or more games (18) received a solid gold plastic trophy. (Sarah)



The winners after receiving their trophy, others were presented with the trophy lat

Annual trip 2023

On Saturday 24 June we went to Lytham St Annes with 45 members of KDSC. We left Huddersfield at 9.30am travelling on the M62, M60, M61, M6, M55 and then on to St Annes. After walking to the centre of St Annes we went to The Pavilion Cafe for lunch. After taking some photographs and looking round the shops we went for some chips near the Lifeboat Station before setting off for the coach and the return trip to Huddersfield. (Sarah)



Lions Fun & Sports Day Doncaster:

On Saturday 12 August 38 members of the Club were on the coach and 10 travelled by their own transport. We went on the M62, **A1M onto** the A19 then the A630 to the Parklands Sports and Social Club. The staff at the Parklands Sports and Social Club provided some light refreshments. I took some photographs. 16 members received trophies for their effort in the games. (Sarah)



Getting ready for the off!

Some of the games:



Members with their trophy



The comments from members of Kirklees Disabled Sports Club were as follows:

They felt that the event was much better this year.

The indoor toilets were an added bonus.

Some delay with the refreshments but it was the first at the Parkland Sports and Social Club. The food was good.

Good selection of activities but more would be better.

Not much interest in the fairground.

The trophies were well received; one comment was that there was no date on the trophy.

21+ trips:

Hi everyone this is about the lack of support for 21+ Club and what you have missed out on most weekends during this summer. Me and our Graham have been all over the place and here's where we have been Ripon, Leeds, Rochdale, Manchester, Oldham, Harrogate, Bury, Keighley, Castleford, Otley, Pontefract, Ilkley, Bradford, Manchester airport, Hebden bridge, Brighouse, Wakefield, Altrincham, Cross-Gates, Todmorden,. We have mainly travelled on buses we have not let the railway strikes or engineering work put us off and we have visited these places more than once and places we have passed through. We have had some nice food at Wetherspoons and fish and chips and done a bit of shopping also doing at a steady pace and getting back on a Sunday night to get plenty of sleep before going to work on Monday morning so if you are missing going out as a group of friends at weekends just let me know if you like to join me and Graham any time or weekend just let me know. (*Andrew*)

BT

During the next 12 months BT are introducing Digital Voice – BT's new home phone service. Digital Voice runs on a broadband connection, you will be able to use your own phone and keep your number. If you don't have a broadband connection at home, your supplier will install one. Some telecare and burglar alarms might not work with Digital Voice.

Huddersfield Epilepsy Group:

We are very sad to report the death of our Chairman, Mrs Pauline Spencer.

Pauline had been a member for over 40 years. She came to get advice about her son Daniel who despite taking several different anti epileptic drugs had many seizures.

Eventually Daniel had an operation at Sheffield and has been able to further his education and studied at Huddersfield University. He now has a happy, seizure-free life. He still has to take a very small dose of an anti-epileptic drug,

Pauline soon became a member of the committee and Chairman. She was able to undertake training and in turn spoke to many groups and to give advice to people with epilepsy. We miss her very much.

The neurologist, Dr Badra Dafalla has retired. His patients are being referred to the Neurology clinic at Calderdale Hospital for the time being. Hopefully there will soon be another neurologist appointed to serve in Huddersfield.

Fortunately Jenny Kelly is available to help on 01484 342118. Or seek advice from your G.P.

The programme until December 2023:

Tuesday 3 October - Clare Smith, a prison officer, will be talking about her work.

Tuesday 7 November – Annual Party. Numbers are limited.

Tuesday 5 December - Games Evening.

The meetings are held at the Mission, Lord Street, Huddersfield, Tuesday 7pm - 9 pm.

Contact details:

If you change address or phone number please inform Robert as soon as possible.

Bus Pass:

Don't forget to check the date on your bus pass. For the disabled pass you can apply 90 days before it expires or 28 days if you have a concessionary travel pass.

Web site: The web site for KDSC is: yourkdsc.org

If you want to comment, contact the editor, Bert Neary, by email at icehouse40@btinternet.com